

INN-SIGHTS

The Inn • Part of the Waveny LifeCare Network
73 Oenoke Ridge New Canaan CT 06840 203-594-5450

December 2024

Christmas Party

Thursday, Dec. 12 – 4:30-6 p.m.

Our annual party for residents, families and friends, keeping up our traditions with festive and tasty fare, friendships and silver bells.

Piano Benefit Concert Preview

Sunday, Dec. 1 – 4 p.m.

Students of Kyung Hee Cho are giving a benefit concert later this month, and will preview it for us!

Tree Decorating

Monday, Dec. 2 – 1:15 p.m.

Many hands make light work – we need paper unwrappers, hangers, and cheer leaders to decorate our tree.

St. Lukes' Engineering Class

Tuesday, Dec. 3 – 11 a.m.

Matthew Goodman's Engineering with Electronics class is doing a project on human-centered design, where they create physical products to assist with some kind of accessibility challenge. They're hoping to work with residents to identify challenges and get feedback on

what the students create. Come join these nine students!

The Written Word

Tuesdays, Dec. 3, 24, 31 – 3 p.m.

We're combining the Read Aloud Program with the Written Word, so Barbara will read the selection chosen for discussion that afternoon.

Art and Awareness

Wednesdays - 2 p.m.

John Smith-Amato, Program Manager at Waveny, conducts a series of art classes that teach how to connect sense perception to cognition. A fascinating exploration of a wide range of art media.

Meditation

Thursdays, Dec. 5, 12, 14 - 11:30 a.m.

Barbara reads short, guided meditations which help you manage stress and reduce tension in your body. Many benefits: renewed energy, physical and emotional balance, and a more relaxed and centered way of being. Give it a try. We meet in the library.

East School Kids

Thursday, Dec. 5 – 4 p.m.

These children are participating in a “volunteer out in the community day” and we’re the chosen recipients! Come enjoy their enthusiasm and crafts they bring along to share with residents.

Friday Communion – 9:30 a.m.

Mary Fox, lay Eucharistic Minister from St. Aloysius Roman Catholic Church, brings communion every week to interested residents.

Library Techs

Friday, Dec. 6 – 2-4 p.m.

Kassidy and James work their magic to help residents with all their digital devices and “tech” challenges. Sign up.

Lost Art: The Stories of Missing Masterpieces

Fridays, Dec. 6 & 27 – 3 p.m.

Many of humanity’s greatest artworks have been lost to the ages and the concept of a Museum of Lost Art provides a cutting reminder of how fragile the world’s treasures are. Over 12 half-hour lectures, we’ll explore the many ways in which masterpieces have been lost to us – and are still being lost: not only stolen art, but through fire, war, accidents, disasters, etc. Lectures by the Teaching Company.

Lego with Ethan

Saturday, Dec. 7 – 3 p.m.

Ethan astonishes us all with his friendly and caring and oh so gentle manner when helping us navigate all those little Lego pieces! Come try your hand – it’s even great for your brains!

Gingerbread & Song

Saturday, Dec. 7 – 7 p.m.

Jamie Roddy is bringing a group of teens, ages 16 to 18 from the Mormon Church, to make gingerbread houses and sing carols! While residents are at dinner, the youngsters will be setting up the houses, getting ready for you to decorate them! Then they’ll serenade us in song.

Origami Santas

Monday, Dec. 9 – 11 a.m.

Join Barbara to fold little Santas!

Cookie Decorating

Monday, Dec. 9 – 3:30 p.m.

Girls from The National Charity League are bringing Christmas cookies and all the fixings to decorate them. Yum!

Fred Stark Sings

Tuesday, Dec. 10 – 3 p.m.

Fred is recognized as one of the top recording studio singers in New York specializing in pop, big band, and adult-contemporary. He’s performed on hundreds of national TV and radio commercials for big name advertisers. He’s gracious with his performances having sung here several times when his mother lived at The Inn.

Frances the Pup

Thursday, Dec. 12 – 10:45 a.m.

Frances is the St. Mark’s five-year old ambassador of good will. Obedient and friendly, she loves to visit.

Wellness Talk – 12/16 - 3 p.m.

Messiah

Friday, Dec. 13 – 3 p.m.

Barbara will give an overview of the history behind Handel's great composition, then we'll listen via cd to the first part and end with the Hallelujah Chorus.

Bingo with the SLOBS

Saturday, Dec. 14 – 1:15 p.m.

Cub Scouts Sing

Sunday, Dec. 15 – Watch Bulletin Board for time

Cub Scout Pack 70 returns this year to sing carols for us.

Nutter Butter Santas

Monday, Dec. 16 – 11 a.m.

Who doesn't love Nutter Butter peanut butter cookies – add a bit of red and white frosting, mini chocolate chips for eyes, a red hot for a mouth and voila! You have a munchable Santa!

Wellness Talk

Monday, Dec. 16 – 3 p.m.

Lessons and Carols

Tuesday, Dec. 17 – 3 p.m.

We follow the 1918 version of the Nine Lessons and Carols first performed at King's College, Cambridge, England. Join us for scripture readings and favorite beloved carols that help bring the real Christmas story to life.

The Nutcracker

Thursday, Dec. 19 – 4 p.m.

One of our favorite traditions – excerpts from Tchaikovsky's Nutcracker ballet performed by costumed ballet students from New England Academy of Dance.

Andrew Armstrong at The Village

Friday, Dec. 20 - 3:30 p.m.

We'll take the Waveny van to Main Street in the Village at Waveny Care Center to hear pianist Andrew Armstrong. Sign up on bulletin board.

Harp Recital

Sunday, Dec. 22 – 2 p.m.

Wendy Kerner Lucas, harpist extraordinaire, is bringing some of her harp students to play a recital for us! Refreshments follow.

The Nativity at Waveny

Monday, Dec. 23 – 1:30 p.m.

The employees at the Care Center, dress up and portray the Nativity Scene. We will take the van over. Sign up on bulletin board.

Tea & Twist

Monday, Dec. 30 - 3 p.m.

St. Mark's Live Stream Service

Sundays – 10 a.m. – on our TV

Communion – watch bulletin board

Happy Hour Gatherings

Every Friday – 5 p.m.

December Birthdays:

Mary Cross - 12/10

Angelo Ninivaggi – 12/16

Leonor Hernandez – 12/16

Eileen Stumpf – 12/22

Lea Gebauer – 12/22

Carol Albrecht – 12/29

Ongoing Programs:

Inn-Notes – Tuesdays at 11 a.m.

Exercises – 10 a.m. daily

Resident Mtgs – Weds. – 11: 30 a.m.

Meditation – Thursdays – 11:30 a.m.

Current Events – Fridays at 11 a.m.

Blood Pressure – Wed. 12/4 at 2 p.m.

Communion – Fridays at 9:30 a.m.

Tea/Twist – Mondays at 3 p.m.

Mass – 2nd Wednesday at 10:45 a.m.