

# BEREAVEMENT SUPPORT GROUPS FOR GRIEVING INDIVIDUALS

Offered by Visiting Nurse & Hospice of Fairfield County and  
Waveny LifeCare Network

## LOSS OF SPOUSE

**Tuesdays, 7:00-8:30pm via Zoom**

Facilitator: Sheila Russo, LCSW, Certified Grief Counselor

**Fridays, 2:00-3:30pm via Zoom**

Facilitator: Stephanie Shaughnessy, MSW

**Mondays, 2:30-4:00pm via Zoom**

Facilitator: Maribeth Payne, M.Div.

**Tuesdays, 2:00-3:30pm in person at 22 Danbury Rd., Wilton**

Facilitator: Meghan Cioffi, MSW

**Tuesdays, 1:00-2:15pm in person at 3 Farm Rd., New Canaan**

Facilitator: Bethany Zaro, MSW & Marcy Rand, LMSW, Certified Grief Counselor

## LOSS OF A LOVED ONE

**Wednesdays, 11:00-12:30pm in person at 22 Danbury Rd., Wilton**

Facilitator: Sheila Russo, LCSW, Certified Grief Counselor

## LOSS OF A CHILD

**Wednesdays, 1:30-3:00pm in person at 22 Danbury Rd., Wilton**

Facilitator: Daniel DeLoma, M.Th., CT, PC

## LOSS AND CHANGE

**Wednesdays, 7:30-9:00pm in person at 22 Danbury Rd., Wilton**

Facilitator: Betsy Perry, RN

## CARING FOR THE CAREGIVER

**Mondays, 1:00-2:30pm via Zoom**

Facilitator: Maribeth Payne, M.Div.

**Thursdays, 9:30am-11:00am in person at 22 Danbury Rd., Wilton**

Facilitator: Sally Keefe, New York University MSW Candidate

## LGBTQ+ GRIEF SUPPORT

**Wednesdays, 6:00-7:30pm in person at Circle Care Center, 618 West Ave., Norwalk**

Facilitator: Daniel DeLoma, M.Th., CT, PC

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For more information about bereavement support or to pre-register for a group, please call  
Daniel DeLoma, Spiritual Care, Volunteer and Bereavement Coordinator at 203-762-8958 x. 316

These support groups are offered free of charge by

